

DEALING WITH THE FEAR FACTOR

Isa 41:10 (amp)

“Fear not [there is nothing to fear], for I am with you; do not look around you in terror and be dismayed, for I am your God. I will strengthen and harden you to difficulties, yes, I will help you; yes, I will hold you up and retain you with My [victorious] right hand of rightness and justice.”

Just look at what God is saying here – “I will strengthen and harden you to difficulties..... I will help youI will hold you up ...” I will, I will, I will. There is no doubt about this. When God is with us there is nothing to fear.

Fear must be regarded as arch enemy number one because it is the exact opposite of faith and faith is the one thing that we need in order to be pleasing to God. In fact we are clearly told that *“without faith it is impossible to please God.*

There are many different kinds of fear which affect us negatively:

Fear of man (Prov.29:25):

Oversensitivity to what others think of us causes us to either come under the control of others or become controlling.

Fear of rejection (Gal.1:10):

Being overly concerned with the approval of men prevents us from having Godly relationships.

Fear of losing face (John 12:42):

A desire for respectability causes us to live by our own personal preferences rather than by conviction.

There are other fears that constantly seek to plague people:

The fear of flying, of sickness and disease or poverty, of making mistakes or wrong decisions, fear of making an absolute idiot of ourselves, fear of stepping out of our comfort zones to meet the needs of others. We all have our different battles to fight with this enemy.

These fears left unchecked will limit your present and sabotage your future.

We know that being afraid of a spider – or a dentist - is totally irrational and hate to admit to such fears but the truth is this, *“God has not given us the spirit of fear; but of power, and of love, and of a sound mind.” 2Ti 1:7*

Fear is not a feeling. It is a spirit that does not come from God... and this is what we are really up against.

One of the best antidotes there is for a spirit of fear is a revelation of how much God loves us.

1Jo 4:18 “There is no fear in love [dread does not exist], but full-grown (complete, perfect) love turns fear out of doors and expels every trace of terror!”
Perfect love casts out fear!

Love does not tolerate the presence of fear or the threats it brings but

looks to God, trusting Him and believing what He says. Love displaces fear.

Heb 13:5 (Amp)..... "He [God] Himself has said, I will not in any way fail you nor give you up nor leave you without support. [I will] not, [I will] not, [I will] not in any degree leave you helpless nor forsake nor let [you] down (relax My hold on you)! [Assuredly not!]"

He cannot make it any clearer. He has no intention of leaving us without His support or protection but this is an issue of trust on your part.

Isa 12:2 "... I will trust and not be afraid, for the Lord God is my strength and song; yes, He has become my salvation."

Don't wait for the enemy to strike fear into your heart but believe God with all your heart and out of conviction make this your daily confession. ***"I will trust and not be afraid!"***

It's your choice.